# INSTRUMENT CARE USING EMPOWER®AND METRILUBE® PRECLEAN, LUBRICATE AND HIGH-LEVEL DISINFECT/STERILIZE

## Preclean...

#### using EmPower Foam

- 1. Place items in clearly marked decontamination area.
- 2. Thoroughly spray EmPower Foam directly onto instruments to be cleaned.
- 3. Allow instruments to remain covered with enzymatic foam to dissolve bioburden.
- 4. Reapply as needed to keep instruments moist.
- 5. Rinse instruments thoroughly.

#### using EmPower Enzymatic Detergent

- 1. Place items in clearly marked decontamination area.
- 2. Dilute EmPower Enzymatic Detergent 1 fluid ounce (1 pump) per gallon of water.
- 3. Immerse instruments until soil is dissolved and removed. If matter is dried on, soak longer until visibly clean.
- 4. Manually clean with brush or irrigate lumens under the solution level.
- 5. Rinse instruments thoroughly.
- 6. Air-dry or dry with clean towel.
- 7. Inspect instruments. If instruments are not clean, repeat steps.

## Lubricate...

## using MetriLube Instrument Lubricant Ready-to-Use or Concentrate

- 1. Apply MetriLube directly onto clean instruments.
- 2. Wipe dry with clean towel.

# High-Level Disinfect/Sterilize..

- 1. Prepare instruments for sterilization or high-level disinfection.
- 2. Sterilize or high-level disinfect according to the manufacturer's labels.
- 3. Store instruments according to your healthcare system policies.

Note: follow standard precautions for personal protection as appropriate.

PART NO.	PRODUCT DESCRIPTION	PACKAGING
10-4224	EmPower Foam – 24 fluid ounce spray	12 bottles/case
46-1510	EmPower Foam Touch-N-Spray 1 sprayer	10 sprayers/case
10-4100	EmPower – 1 gallon	4 bottles/case
10-3425	MetriLube Spray – 24 fluid ounce spray	12 bottles/case
10-3400	MetriLube – 1 gallon	4 bottles/case



Spray EmPower Foam to conveniently remove organic debris while reducing splashes and messy spills.



Use EmPower enzymatic detergent to effectively remove organic debris in both manual and automated reprocessing systems.



Use MetriLube Spray or concentrate for lubricating instruments to help prevent spotting, staining, rusting and freezing up.



For more information, visit **metrex.com/education**, or call **800.841.1428**.

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